



Have a plan

Getting Prepared - Check list

- Find out what local risks may affect you (e.g. flooding) Then register for alerts & fit protective measures, if available.
- Know where & how to safely turn off utilities:
Electricity.....
Water.....
Gas.....
- Do you have valid building & contents insurance?
- Do you have smoke & carbon monoxide detectors fitted & test them regularly?
#testittuesday
- Prepare / pre plan escape routes from your house and teach all householders.
- Ask your parish / town council if your community has an emergency plan
- Ensure this plan is complete in advance

*Make a plan
Complete this
template with
all household
members*



Stay informed

In major emergency situations, it may be necessary to issue warnings and advice to the public. Such messages would normally be broadcast via relevant media Channels.

- Have you tuned into local radio?
- Sign up for flood warnings
- Register with utility companies if you may require extra assistance.
- Do you know which social media accounts to check?
- Sign up for weather warnings

*During an
emergency
information is key.
Make sure you know
where to find
updates and
information.*

Follow the twitter accounts below for warning, informing, advice, guidance and updates

@NYorksPrepared	@HBCPrepared	@YorkPrepared	@EnvAgencyYNE
@NorthYorkshireFire	@NYorksPolice	@YorksAmbulance	@YWhelp
@NGNgas	@MetofficeYorks	@Northpowergrid	

Use the spaces to write in Twitter accounts you may find useful.

Prepared

There are three basic steps to **being prepared** for emergencies

**Have a plan, Have a kit
Stay informed.**



Prepared

Household Emergency Plan



Have a kit

Grab bag contents - check list

It is recommended that you put together an emergency grab bag in case of evacuation or being stranded in your home.

Location of Grab Bag

It would be useful if it contained the following:-

- Copy of this plan
- Prescription medicines
- Radio & batteries/wind up
- Bottled water
- Spare keys (car & house)
- Pencil & Paper
- Whistle
- Warm spare clothes/waterproof
- Key documents - ID, insurance
- First Aid Kit
- Torch & batteries/wind up
- Phone charger/wind up
- Long life food & snacks
- Toiletries
- Penknife
- Blanket
- Cash
- Spare spectacles or contacts

*Preparing a
bag in advance
can save you time
in an emergency*

If required:-

- Pet food
- Children's toy(s)
- Baby food/nappies

Handy items to have at home

- Fire extinguisher
- Alternative cooking equipment eg BBQ
- Water (at least five litres per person)

Things to keep in your car - a smaller bag for if going on long journeys or driving in bad weather conditions

- Ice scraper
- Snow shovel
- First Aid kit
- Blanket
- Warm spare clothes/waterproof
- De-icer
- Map
- Wind up torch/radio/phone charger (spare batteries)

Maintaining your supplies

Regularly check your Grab Bag to ensure food, water and batteries are fit for purpose. If storing your own water ensure you sterilize all containers first.

RESPONDING TO AN INCIDENT

Ensure you are not in danger. If an emergency occurs dial 999 – follow instructions

Generally if the danger is outside (If it is safe to do so)

GO IN – find a safe place of shelter

STAY IN – until told what to do next; and

TUNE IN – check local radio, TV and social media for info, advice and updates.

If the danger is inside

Get out, stay out and call emergency services

Contact all householders

Name	Mobile number

Do children need picking up?

The following person can collect children from school

Name	Mobile number

Do you need to activate alternate accommodations?

If we cannot get home or contact each other we will leave a message with

Name	Mobile number

If we cannot get home we can meet/stay at – near home

Name /Location

...further away

Name /Location

If safe to do so turn off utilities: locations detailed in the 'Getting Prepared - check list'

If required, and safe to do so, install protection measures eg flood doors

If evacuating collect grab bag & inform householders of situation and relocation

Have you checked on family and/or neighbours who may need assistance?

Or do you need assistance?

Vulnerable neighbours who may need assistance during an emergency?

Name	Mobile number

If vulnerable - Who can you call for assistance?

Name	Mobile number

Key contacts/websites Complete specific details for your household

Also store these details on your mobile as well as keeping this paper copy

POLICE	999 or 101 non-emergency	GAS - National Gas	0800 111 999
FIRE	999	WATER Yorkshire Water	0345 1 24 24 24
AMBULANCE	999 or 111 non-emergency	ELECTRICITY Northern PowerGrid	0800 375 675
LOCAL AUTHORITY		MEDICAL CENTRE	0800 375 675
ENVIRONMENT AGENCY FLOODLINE	0345 988 1188 + quick dial no	SCHOOL	
		VET/KENNEL/CATTERY	
PARISH COUNCIL		ADDITIONAL NUMBERS	
INSURANCE + policy number			

NORTH YORKSHIRE LOCAL RESILIENCE FORUM Find all things Emergency Planning and links to partner websites including signing up to utility companies priority service etc, and much more	www.emergencynorthyorks.gov.uk
ENVIRONMENT AGENCY	www.gov.uk/check-if-youre-at-risk-of-flooding
MET OFFICE	www.metoffice.gov.uk/services/weather

Local Radio	Frequency

Complete this plan with all members of the household and make sure they all know about it. Update and amend it annually.

For further information visit
www.emergencynorthyorks.gov.uk

Your notes:

